## How Long Do I Wash My Hands?

## Instructions:

I. Print, laminate, and cut visual.
2. Post near the sink to encourage students to wash hands for an appropriate amount of time.

Optional: Attach the "scrub for 20 seconds" image to the hand-washing sequence strip to cue students to use the how long do I wash my hands visual.
3. Encourage the student to count slowly to twenty as they wash their hands.

Scrub for 20 seconds

$8<$

